



# Glenhurst Lodge

Glenhurst Lodge is an inpatient High Dependency Rehabilitation and Recovery service for males and females.

Our service specialises in treatment resistant complex cases. Services are delivered in partnership with commissioners, families and individuals, to care for men and women suffering from long-term complex Mental Health needs.

Our aim is to help and support patients whose conditions have resulted in prolonged or cyclical admissions to successfully reintegrate in to the community.

Our service has been specifically designed to cater for the needs of men and women with complex psychiatric conditions that affect their ability to function independently. We aim to support patients in their recovery with our rehabilitation services, in our safe and homely environment.

## Wards

### DAVENPORT

11 BEDS - HIGH DEPENDANCY REHABILITATION FOR MALES WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

### SANDOWN

11 BEDS- HIGH DEPENDANCY REHABILITATION FOR FEMALES WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

## Inclusion Criteria

MALE OR FEMALE

OVER 18 YEARS OF AGE

PRIMARY DIAGNOSIS OF MENTAL ILLNESS OR PERSONALITY DISORDER

MAY HAVE SECONDARY DIAGNOSES - MILD LD, POLY-SUBSTANCE MISUSE

MAY BE TREATMENT-RESISTANT

MAY HAVE COMPLEX NEEDS

MAY BE SUBJECT TO DoLS

MAY HAVE FAILED MULTIPLE ATTEMPTS TO TRANSITION TO THE COMMUNITY

MAY BE DETAINED UNDER THE MENTAL HEALTH ACT

MAY HAVE A HISTORY OF CHALLENGING BEHAVIOUR

MAY HAVE CHRONIC WELL-MANAGED PHYSICAL HEALTH PROBLEMS

# Assessment Process

Once a referral is made to our service we aim to assess the patient within two working days by a specialist assessment team. We will endeavour to complete and send the assessment report together with a detailed MDT care plan within three working days following the face to face assessment. We work closely with our customers to facilitate a smooth transition into the hospital. As part of our assessment process we expect the responsible teams and commissioners to have identified an onward placement prior to being admitted.

## Interventions & Expertise

All patients will have a 12 week assessment process from admission to establish their individual needs and develop a bespoke recovery pathway, identifying recovery goals collaboratively with their psychologist and occupational therapist.

Following this, each patient will receive an individual therapy timetable and embark on their recovery pathway. During this they will have access to both one to one and group interventions which include:

- HEARING VOICES
- SELF ESTEEM
- SOCIAL SKILLS
- SUBSTANCE MISUSE
- MINDFULNESS
- EMOTION REGULATION
- DISTRESS TOLERANCE
- RELATIONSHIP SKILLS
- ANGER MANAGEMENT
- STRESS, VULNERABILITY & ANXIETY MANAGEMENT
- BUILDING RESILIENCE
- COPING SKILLS
- CBT
- DBT
- SCHEMA FOCUSED WORK
- SOCIAL PERSPECTIVE TAKING
- COGNITIVE SKILLS
- MAINTENANCE AND RELAPSE PREVENTION

## The Environment & Facilities



FULLY EQUIPPED KITCHEN ON EACH WARD



PLEASANT AND SAFE COMMUNAL LIVING AREAS



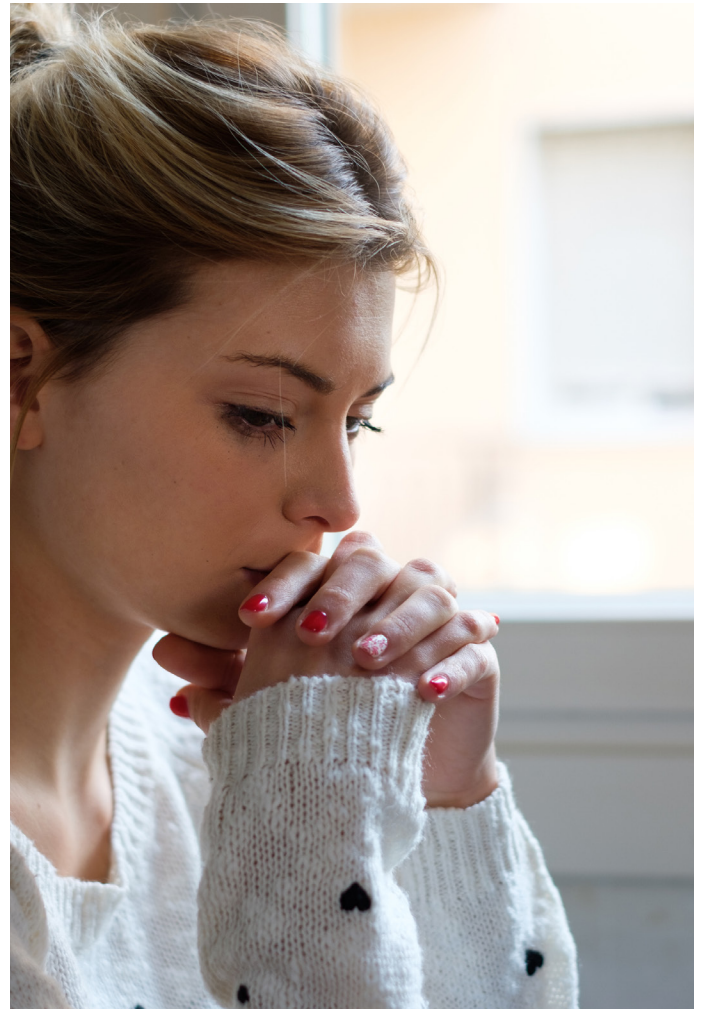
SAFE AND SECURE GARDEN



LAUNDRY ROOM



QUIET ROOMS ON EACH WARD



## The Multi-Disciplinary Team

CONSULTANT PSYCHIATRIST // SPECIALITY DOCTOR // WARD MANAGER // RMN'S // PSYCHOLOGIST // OCCUPATIONAL THERAPIST // THERAPY SUPPORT WORKERS

Please email any referrals to our Business Development Team at:

[referrals@bramleyhealth.co.uk](mailto:referrals@bramleyhealth.co.uk) or via our secure NHS account at: [england.bramley@nhs.net](mailto:england.bramley@nhs.net)

Alternatively you can contact us on:

**0800 542 5757**

or visit our website:

[www.bramleyhealth.co.uk](http://www.bramleyhealth.co.uk)

Inspected and rated

Good

