



The Langford Centre

The Langford Centre offers Low Secure, High Dependency Rehabilitation and Autism services.

The service provides Low Secure and High Dependency Rehabilitation for Mental Health and Autism. We support our patients from the point of admission to engage in their recovery pathway to promote successful reintegration back in to the community.

We have an internal recovery pathway as our patients can transition from our Low Security and complex needs service to our High Dependency Rehabilitation wards whilst still being supported by the same multi-disciplinary team.

The Langford Centre comprises of 6 wards. All wards have access to their own private garden and therapy kitchens. All bedrooms are en-suite and there is a communal laundry room on each ward.

We have fantastic links with various community organisations, including Bexhill college (where our clients are able to access various college courses), East Sussex football disability leagues, East Sussex disability cricket league, Bags of Taste, East Sussex Recovery College, Hastings furniture restoration, Kiss my Disco, Barby Keel Animal Sanctuary, Chilli farm and many other community organisations that help our clients become re-integrated.

Wards

PEVENSEY

15 BED - LOW SECURE MENTAL HEALTH SERVICE FOR MALES

SEAFORD

11 BED - HIGH DEPENDANCY REHABILITATION SERVICE FOR MEN WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

COODEN LODGE

9 BED - STEP DOWN HIGH DEPENDANCY REHABILITATION SERVICE FOR MEN WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

DAFFODIL

15 BED - COMPLEX AND CHALLENGING BEHAVIOUR SERVICE FOR FEMALES

BALMORAL

11 BED - HIGH DEPENDANCY REHABILITATION SERVICE FOR FEMALE'S WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

CAMBER

12 BED - SPECIALIST AUTISTIC SPECTRUM CONDITIONS SERVICE

Assessment Process

Once a referral is made to our service we aim to assess the patient within two working days by a specialist assessment team. We will endeavour to complete and send the assessment report together with a detailed MDT care plan within three working days following the face to face assessment. We work closely with our customers to facilitate a smooth transition into the hospital. As part of our assessment process we expect the responsible teams and commissioners to have identified an onward placement prior to being admitted.

Interventions & Expertise

All patients will have a 12 week assessment process from admission to establish their individual needs and develop a bespoke recovery pathway, identifying recovery goals collaboratively with their psychologist.

Following this, each patient will receive an individual therapy timetable and embark on their recovery pathway. During this they will have access to both one to one and group interventions which include:

- HEARING VOICES
- SELF ESTEEM
- SOCIAL SKILLS
- SUBSTANCE MISUSE
- MINDFULNESS
- EMOTION REGULATION
- DISTRESS TOLERANCE
- RELATIONSHIP SKILLS
- ANGER MANAGEMENT
- BUILDING RESILIENCE
- COPING SKILLS
- STRESS, VULNERABILITY & ANXIETY MANAGEMENT
- CBT
- DBT
- SCHEMA FOCUSED WORK
- SOCIAL PERSPECTIVE TAKING
- COGNITIVE SKILLS
- MAINTENANCE AND RELAPSE PREVENTION

Offending behaviour programmes including interventions focused on

- SUBSTANCE MISUSE
- ALCOHOL MISUSE
- MENTAL HEALTH AWARENESS AND RELAPSE MANAGEMENT
- RESTORATIVE INTERVENTION
- COGNITIVE SKILLS
- ANGER MANAGEMENT
- PHYSICAL VIOLENCE
- DEVELOPING AND ENHANCING FAMILY RELATIONSHIPS
- SEXUAL OFFENCES, STALKING, ARSON
- ADDRESSING NEGATIVE PEER RELATIONSHIPS
- SOCIAL PERSPECTIVE TAKING

The Multi-Disciplinary Team

CONSULTANT PSYCHIATRIST & RESPONSIBLE CLINICIAN // SPECIALITY DOCTOR // CONSULTANT FORENSIC PSYCHOLOGIST // CONSULTANT CLINICAL PSYCHOLOGIST // PSYCHOLOGY ASSISTANTS // OCCUPATIONAL THERAPIST // ASSISTANT OCCUPATIONAL THERAPIST // SOCIAL WORKER // REGISTERED NURSES // THERAPEUTIC CARE WORKERS // SPEECH AND LANGUAGE THERAPIST



Please email any referrals to our Business Development Team at:

referrals@bramleyhealth.co.uk or via our secure NHS account at: england.bramley@nhs.net

Inspected and rated

Good



Alternatively you can contact us on:

0800 542 5757

or visit our website:

www.bramleyhealth.co.uk



Camber

Autistic Spectrum Conditions Service at The Langford Centre

Camber is a specialist inpatient service for men who have a confirmed diagnosis of Autistic Spectrum Conditions (ASC). The service supports up to twelve Service Users in a mix of individual flatlets and en-suite double bedrooms.

Patients who are referred to our service may also have co-morbid mental illness (e.g. mood disorders, ADHD, psychosis etc.), developmental and Capital Personality Disorders. Patients with complex needs may not have responded to treatment in a generic mental health setting and require a specialist rehabilitation service to help reduce the risk to self and others and help them to progress with their life.

Camber can provide specialist psychiatric, psychological and therapeutic assessments and specialist interventions with a full Multi-Disciplinary Team (MDT) comprising of psychology, occupational therapy, psychiatry, nursing, social work and speech and language therapy. Part of the specialist inpatient service package includes a holistic assessment of the person's psychiatric, social, familial, occupational and physical health needs. The routines and environment of Camber are structured and predictable and will appeal to individuals with ASC.

Service Users are supported in an environment where they feel safe and is reflective of a therapeutic place that promotes principles of person centred care, best interest and recovery in a least restrictive approach. On Camber, we strive to achieve healthy living, improvement of quality of life, community engagement, increased social integration, supported independence and reduction of risk and behaviours that challenge.



The services we offer

- Psychiatric diagnostic assessments
- Autism Spectrum Condition diagnostic assessments (as recommended by the National Autistic Society and NICE Clinical Guidance for Adults with ASC, 2012.)
- Cognitive assessments such as, WASI_IV and BADS
- Occupation Therapy assessments such as MOHO and AMPS
- Positive Behavioural Support service model
- Specialist Psychiatric Nursing support
- Comprehensive assessment reports with recommendations will be provided
- Psychotherapeutic Interventions, for example, modified CBT and Art Therapy
- Speech and Language Therapy input
- Sensory assessments
- Person Centred Holistic Rehabilitation Care Plan

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Our Aims & Approach



To improve access to specialist Autism assessment, diagnostic and therapeutic services.



To provide specialist inpatient psychiatric, psychological and therapeutic treatment for those with ASC. This will also include communication and sensory assessments.



To provide specialist diagnostic assessment/s for those with a working diagnosis of ASC using specialist Autism assessments tools including ADOS/ADI-R.



To increase specialist knowledge and provide support and advice to local ASC and referring teams.

Facilities Include



Single persons flatlet Inc. Lounge, dining area and bathroom



Controlled access to IT facilities



Sensory room



Activities room



Communal relaxation areas



Dedicated sensory garden and outside space



Quiet lounge



Assisted bathrooms



Therapy kitchen

Multi Disciplinary Team

Our MDT are specially trained and experienced in supporting ASC Patients.

CONSULTANT PSYCHIATRIST // CLINICAL PSYCHOLOGIST // SPECIALITY DOCTOR // NURSING (RMN/RNLD) // PHYSICAL HEALTH NURSE // GP (VISITING) // OCCUPATIONAL THERAPIST // DIETICIAN (VISITING) // SPEECH & LANGUAGE THERAPIST // CHIROPODIST (VISITING) // INDEPENDENT ADVOCACY SERVICE

Inclusion & Exclusion Criteria

INCLUSION

CONFIRMED DIAGNOSIS OF AUTISTIC SPECTRUM CONDITION

18 + YEARS

MALE'S ONLY

MAY BE DETAINED UNDER THE MENTAL HEALTH ACT

MAY PRESENT WITH A MILD LEARNING DISABILITY

MAY HAVE A CO MORBID PSYCHIATRIC ILLNESS

MAY BE SUBJECT TO MAPPA

MAY HAVE A SUBSTANCE MISUSE PRESENTATION

EXCLUSION

ACQUIRED BRAIN INJURY

SIGNIFICANT DEGREE OF LEARNING DISABILITY

RECENT HISTORY OF ARSON (12 MONTHS)

SIGNIFICANT MOBILITY ISSUES, E.G HOISTING

REQUIRES SECLUSION