



The Langford Centre

The Langford Centre offers Low Secure, High Dependency Rehabilitation and Autism services.

The service provides Low Secure and High Dependency Rehabilitation for Mental Health and Autism. We support our patients from the point of admission to engage in their recovery pathway to promote successful reintegration back in to the community.

We have an internal recovery pathway as our patients can transition from our Low Security and complex needs service to our High Dependency Rehabilitation wards whilst still being supported by the same multi-disciplinary team.

The Langford Centre comprises of 6 wards. All wards have access to their own private garden and therapy kitchens. All bedrooms are en-suite and there is a communal laundry room on each ward.

We have fantastic links with various community organisations, including Bexhill college (where our clients are able to access various college courses), East Sussex football disability leagues, East Sussex disability cricket league, Bags of Taste, East Sussex Recovery College, Hastings furniture restoration, Kiss my Disco, Barby Keel Animal Sanctuary, Chilli farm and many other community organisations that help our clients become re-integrated.

Wards

PEVENSEY

15 BED - LOW SECURE MENTAL HEALTH SERVICE FOR MALES

SEAFORD

11 BED - HIGH DEPENDANCY REHABILITATION SERVICE FOR MEN WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

COODEN LODGE

9 BED - STEP DOWN HIGH DEPENDANCY REHABILITATION SERVICE FOR MEN WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

DAFFODIL

15 BED - COMPLEX AND CHALLENGING BEHAVIOUR SERVICE FOR FEMALES

BALMORAL

11 BED - HIGH DEPENDANCY REHABILITATION SERVICE FOR FEMALE'S WITH COMPLEX AND ENDURING MENTAL HEALTH CONDITIONS

CAMBER

12 BED - SPECIALIST AUTISTIC SPECTRUM CONDITIONS SERVICE

Assessment Process

Once a referral is made to our service we aim to assess the patient within two working days by a specialist assessment team. We will endeavour to complete and send the assessment report together with a detailed MDT care plan within three working days following the face to face assessment. We work closely with our customers to facilitate a smooth transition into the hospital. As part of our assessment process we expect the responsible teams and commissioners to have identified an onward placement prior to being admitted.

Interventions & Expertise

All patients will have a 12 week assessment process from admission to establish their individual needs and develop a bespoke recovery pathway, identifying recovery goals collaboratively with their psychologist.

Following this, each patient will receive an individual therapy timetable and embark on their recovery pathway. During this they will have access to both one to one and group interventions which include:

- HEARING VOICES
- SELF ESTEEM
- SOCIAL SKILLS
- SUBSTANCE MISUSE
- MINDFULNESS
- EMOTION REGULATION
- DISTRESS TOLERANCE
- RELATIONSHIP SKILLS
- ANGER MANAGEMENT
- BUILDING RESILIENCE
- COPING SKILLS
- STRESS, VULNERABILITY & ANXIETY MANAGEMENT
- CBT
- DBT
- SCHEMA FOCUSED WORK
- SOCIAL PERSPECTIVE TAKING
- COGNITIVE SKILLS
- MAINTENANCE AND RELAPSE PREVENTION

Offending behaviour programmes including interventions focused on

- SUBSTANCE MISUSE
- ALCOHOL MISUSE
- MENTAL HEALTH AWARENESS AND RELAPSE MANAGEMENT
- RESTORATIVE INTERVENTION
- COGNITIVE SKILLS
- ANGER MANAGEMENT
- PHYSICAL VIOLENCE
- DEVELOPING AND ENHANCING FAMILY RELATIONSHIPS
- SEXUAL OFFENCES, STALKING, ARSON
- ADDRESSING NEGATIVE PEER RELATIONSHIPS
- SOCIAL PERSPECTIVE TAKING

The Multi-Disciplinary Team

CONSULTANT PSYCHIATRIST & RESPONSIBLE CLINICIAN // SPECIALITY DOCTOR // CONSULTANT FORENSIC PSYCHOLOGIST // CONSULTANT CLINICAL PSYCHOLOGIST // PSYCHOLOGY ASSISTANTS // OCCUPATIONAL THERAPIST // ASSISTANT OCCUPATIONAL THERAPIST // SOCIAL WORKER // REGISTERED NURSES // THERAPEUTIC CARE WORKERS // SPEECH AND LANGUAGE THERAPIST



Please email any referrals to our Business Development Team at:

referrals@bramleyhealth.co.uk or via our secure NHS account at: england.bramley@nhs.net

Inspected and rated

Good



Alternatively you can contact us on:

0800 542 5757

or visit our website:

www.bramleyhealth.co.uk

Daffodil Ward

Female Complex and Challenging Behaviour.



The female Challenging Behaviour and Complex Needs Service at The Langford Centre is specifically designed to cater to the needs of women with complex, long-term psychiatric conditions, including Personality Disorders with behaviours that challenge and increased risks to themselves and others.

Some females may present with ongoing risks that make it impossible for them to transition safely to the community, are ineligible for Low Secure services yet difficult to manage for standard rehabilitation services. Our service provides the interventions, procedural and relational security to bridge this gap.

The service caters to those whose condition has required prolonged hospitalisation in secure or non-secure services, including individuals with many failed attempts to live in the community. Our philosophy of care puts our Service Users at the centre and is designed to work collaboratively with carers, commissioners and other stakeholders to promote recovery and progress towards a safe transition back in to the community.

CONSULTANT PSYCHIATRIST AND JUNIOR DOCTORS: Specialised in the treatment of women with complex long-term Mental Health problems with significant risk histories with the aim to optimise medication and maximise physical and mental wellbeing.

OCCUPATIONAL THERAPY: Focused on assessing the needs of females with long-term complex Mental Health problems, particularly those hard to engage. Our Occupational Therapist prepares bespoke programmes to maximise activity, social inclusion, function and minimise behavioural outbursts. Selected activities that are consistent with the background and personal history of the women in our care that can be carried out safely. They range from basic leisure activities to voluntary and vocational endeavours.

CONSULTANT CLINICAL AND FORENSIC PSYCHOLOGISTS: Specialising in the assessment and treatment of females with complex Mental Health problems with particular expertise in risk assessment and in delivering various specialised treatments for those with a history of self-harming, personality disorder and offending.

NURSING: Trained to support rehabilitation, promote engagement, and maximise both physical and mental health. Our nurses are experienced in managing self-harm, aggressive and agitated behaviours and minimising risk.

SOCIAL WORK: Focuses on empowering and enabling our Service Users to fulfil, understand and manage critical social factors including religious beliefs, relationships, employment, housing and finances to promote confidence and instil key skills for independent functioning.

Inclusion Criteria

WOMEN AGE 18+

PRIMARY DIAGNOSIS OF LONG TERM MENTAL HEALTH OF PERSONALITY DISORDER

MAY HAVE SECONDARY DIAGNOSES E.G. MILD LEARNING DISABILITY

COMPLEX NEEDS AND BEHAVIOURS THAT CHALLENGE

MAY BE TREATMENT-RESISTANT

MAY HAVE FAILED MULTIPLE ATTEMPTS TO TRANSITION TO THE COMMUNITY

MAY HAVE A HISTORY OF VIOLENCE

MAY HAVE A HISTORY OF SEX OFFENDING

MAY BE DETAINED UNDER THE MENTAL HEALTH ACT (INCLUDING RESTRICTED SECTIONS), SUBJECT TO DoLS OR INFORMAL

MAY HAVE A HISTORY OF ARSON

MAY HAVE OFFENCE-RELATED BEHAVIOURS

MAY HAVE A HISTORY OF REPEATED SUICIDE ATTEMPTS

MAY PRESENT WITH SELF-INJURIOUS BEHAVIOURS

MAY HAVE A HISTORY OF SUBSTANCE MISUSE

MAY HAVE CHRONIC WELL-MANAGED PHYSICAL HEALTH PROBLEMS